



Telephone: 01638 717486 Mobile: 07903 890888

E-Mail: [info@scubadoodivers.co.uk](mailto:info@scubadoodivers.co.uk)

**Scubadoo Divers**

3 Manor Court

High St.

Mildenhall

Suffolk IP28 7EH

## **PADI Peak Performance Buoyancy Course Details**

Float effortlessly, drifting over reefs. Be the diver you want to be, with ultimate buoyancy control, able to hover close to the bottom and examine underwater organisms without touching them.

Buoyancy skills separate the good divers from the *great* divers. In the Peak Performance Buoyancy Specialty course, you will learn to how to precisely weight yourself for optimum control, poise and balance. You learn to ascend and descend so effortlessly, it seems like you only think about it and it happens. By mastering streamlining, you move through the water cleanly, efficiently and gracefully. You swim near fragile environments without harm to them or yourself.

- Must be a PADI Open Water Diver or Junior Open Water Diver certification (or qualifying certification from another organization) and 10 years old.
- Number of dives: Two
- Buoyancy fundamentals, weighting and adjustments
- Streamlining, balance and trim
- Fine tuning buoyancy and mastering hovering
- Materials: You'll Need *Peak Performance Buoyancy* video
- Certification counts toward the PADI Master Scuba Diver rating.
- Duration: 1 Day