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Scubadoo Divers

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First Aid at Work Course

People at work can suffer injury or sudden illness. It is important that employers have made arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work.

The Law

The Health and Safety (First-Aid) Regulations 1981 require that in order to provide first aid to their employees who are injured or become ill at work, employers must have adequate and appropriate equipment, facilities and personnel

Training courses

If you have identified that first aiders are needed in your workplace, they must gain a certificate of competence from a training organization that has been approved by HSE. Courses last for at least 24 hours of training usually held over four days. First aid at work certificates are valid for three years.

First Aid at Work

The First Aid at Work (statutory) course complies with the current Health and Safety (First Aid) Regulations 1981. Successful students receive certificates to show that they are qualified to be First Aiders in the workplace for the next three years. Requalification courses are of at least 12 hours training and are normally held over two days.

Who should attend?

■ A Person who has been designated as a First Aider at work. All employers in the UK have a legal obligation to make First Aid provision for their employees

What they will learn

■ The knowledge and confidence to deal with any First Aid emergency

Course content

- Dealing with accidents and illness
- Using a First Aid kit
- Simple record keeping
- Resuscitation

- Treatment of an unconscious casualty
- Choking
- Treatment of a heart attack
- Control of bleeding

- Burns and scalds
- Poisoning
- Fractures
- Shock





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Course Duration

- 4 days

Assessment

- Practical skills test

Certificate

- An HSE-approved certificate valid for three years is issued on completion of assessment

We offer this course to groups or individuals at a very competitive rate. Please call us for a quote. Discounts for 4 or more candidates from one company.