

First aid at work requalification

Pre-requisites

Candidates must be physically able to carry out the procedures detailed in the course outline and must attend all sessions to be eligible for assessment.

The Health and Safety Executive (HSE) requires that all people attending a requalification course prove their existing first aid qualification prior to attending this course. When your booking has been confirmed via email, please send us a **scanned copy of your existing first aid certificate** to info@scubadoodivers.co.uk.

Duration

2 days

Who is it for?

This course is for candidates who need to renew a valid first aid at work (FAW) certificate. This is a HSE approved and certified course.

Course content includes:

- The role of the first aider
- Contents of First Aid kits (avoid cross infection)
- Recording of incidents and accidents
- Assessing the situation in an emergency
- Administer first aid to a casualty who;
- is unconscious (including seizures)
- requires cardio pulmonary resuscitation (CPR)
- is choking
- is wounded or bleeding
- is in shock
- has minor conditions - to include: minor cuts, grazes and bruises, minor burns and scalds, small splinters
- Administer first aid to a casualty with;
- injuries to bones, muscles, joints including suspected spinal injury
- sudden poisoning
- burns and scalds
- eye injuries
- anaphylactic shock*
- Recognise the presence of major illness and provide appropriate first aid including heart attack*, stroke, epilepsy, asthma & diabetes

Qualification

First aid at work (FAW) certificate, valid for 3 years.