

Emergency first aid at work

Pre-requisites

Candidates must be physically able to carry out the procedures detailed in the course outline and must attend all sessions to be eligible for assessment.

Duration

1 day

Who is it for?

This course is for candidates who require an emergency first aid at work (EFAW) certificate to comply with HSE requirements. This is a HSE approved and certified course.

Course content includes:

- The role of the first aider
- communicating with a casualty
- contents of first aid kits (and avoid cross infection)
- recording of incidents and accidents
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who;
 - is unconscious
 - requires cardio pulmonary resuscitation (CPR)
 - is choking
 - is wounded or bleeding
 - is in shock
 - has minor conditions - to include: minor cuts, grazes and bruises, minor burns & scalds, small splinters

Qualification

Emergency first aid at work (EFAW) certificate, valid for 3 years).